

# Preschool & Elementary Lunch Menu – January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>KCS School Nutrition offers a variety of fresh whole fruit or 100% fruit juice daily. Students may select up to two servings of fresh fruit offered daily.</p> <p>Sandwich Trimmings (4) offered with all sandwich choices</p>	<p>Approximate grams of Carbohydrates per serving is shown in parenthesis</p> <p>Mayfield Milk Choices - 1/2 pint serving White Skim (13) White 1% (13) Fat Free Chocolate (20)</p>
			January 4 <sup>th</sup>	January 5 <sup>th</sup>
			<p><b><u>Choose 1 Entrée</u></b> Big Daddy's Cheese or Pepperoni Pizza (42)</p> <p>Bone-In Chicken (11) w/ WG Biscuit (27)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) &amp; Cheese stick (1)</p> <p><b><u>Side Item</u></b> Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Yellow Corn (15)</p>	<p><b><u>Choose 1 Entrée</u></b> Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27)</p> <p>WG Crunchy Fish Sticks (22) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) &amp; Cheese stick (1)</p> <p><b><u>Side Item</u></b> Oven Baked Fries (14) Green Beans (4)</p> <p><b><u>Dessert</u></b> Chocolate Chip or Sugar Cookie (18)</p>
January 8 <sup>th</sup>	January 9 <sup>th</sup>	January 10 <sup>th</sup>	January 11 <sup>th</sup>	January 12 <sup>th</sup>
<p><b><u>Choose 1 Entrée</u></b> Stuffed Crust Cheese or Pepperoni Pizza (31)</p> <p>5 WG Chicken Nuggets (20) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) &amp; Cheese stick (1)</p> <p><b><u>Side Item</u></b> Waffle Fries (26) Sweet Yellow Corn (15) Caesar Salad (5) Baby Carrots (5)</p>	<p><b><u>Choose 1 Entrée</u></b> WG RF Fritos (16) Chips, Chili &amp; Cheese (26)</p> <p>Homemade Grilled Cheese (36)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) &amp; Cheese stick (1)</p> <p><b><u>Side Item</u></b> Tater Tots (19) Green Beans (4) Caesar Salad (5) Veggie Nibbles (5)</p>	<p><b><u>Choose 1 Entrée</u></b> Orange Chicken (19) Fried Rice Bowl (54)</p> <p>Nick's BBQ Sandwich (2) on WG Bun (27)</p> <p>Southwest Chicken Salad (22) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ(32) w/ Cheez-Its(14) &amp; Cheese Stick(1)</p> <p><b><u>Side Item</u></b> Curly Fries (25) Fresh Steamed Broccoli w/ Cheese Sauce (5) Garden Salad (2) Baby Carrots (5)</p>	<p><b><u>Choose 1 Entrée</u></b> Cheesy Chicken Nachos (32)</p> <p>Mini Corn Dog Nuggets (32)</p> <p>WG Uncrustable PBJ(32) w/ Cheez-Its(14) &amp; Cheese Stick(1)</p> <p><b><u>Side Item</u></b> Bush's Black Beans (30) Garden Salad (2) Veggie Nibbles (5)</p> <p><b><u>Dessert</u></b> Strawberry &amp; Lime Winter Frozen Treat (20)</p>	<p><b><u>Choose 1 Entrée</u></b> Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27)</p> <p>Hot Dog w/or w/o chili and cheese (13) on WG Bun (26)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) &amp; Cheese stick (1)</p> <p><b><u>Side Item</u></b> Oven Baked Fries (14) Spinach Maria (16) Garden Salad (2) Baby Carrots (5)</p>

January 15 <sup>th</sup>	January 16 <sup>th</sup>	January 17 <sup>th</sup>	January 18 <sup>th</sup>	January 19 <sup>th</sup>
<p style="text-align: center;"><i>Student Holiday</i></p>	<p style="text-align: center;"><b><u>Choose 1 Entrée</u></b> Nardone's Cheese or Pepperoni Pizza (28)</p> <p>5 WG Chicken Nuggets (20) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) &amp; Cheese stick (1)</p> <p style="text-align: center;"><b><u>Side Item</u></b> Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Yellow Corn (15) Garden Salad (2) Baby Carrots (5)</p>	<p style="text-align: center;"><b><u>Choose 1 Entrée</u></b> 6 Chicken &amp; Vegetable Dumplings (31)</p> <p>Turkey &amp; Cheese (2) on WG Bun (27) w/ RF Doritos (20)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) &amp; Cheese stick (1)</p> <p style="text-align: center;"><b><u>Side Item</u></b> Tater Tots (19) California Blend Mixed Vegetables (5) Garden Salad (2) Veggie Nibbles (5)</p>	<p style="text-align: center;"><b><u>Choose 1 Entrée</u></b> Spaghetti (42) w/ or w/o Meat Sauce (10) &amp; WG Roll (32)</p> <p>WG Regular or Spicy Chicken Tenders (6) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ(32) w/ Cheez-Its(14) &amp; Cheese Stick(1)</p> <p style="text-align: center;"><b><u>Side Item</u></b> Curly Fries (25) Green Beans (4) Caesar Salad (5) Baby Carrots (5)</p> <p style="text-align: center;"><b><u>Dessert</u></b> Chocolate Chip or Sugar Cookie (18)</p>	<p style="text-align: center;"><b><u>Choose 1 Entrée</u></b> Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27)</p> <p>4 Wild Mike's Cheese Bites</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) &amp; Cheese stick (1)</p> <p style="text-align: center;"><b><u>Side Item</u></b> Oven Baked Fries (14) Bush's Baked Beans (30) Caesar Salad (5) Veggie Nibbles (5)</p>
	January 22 <sup>nd</sup>	January 23 <sup>rd</sup>	January 24 <sup>th</sup>	January 25 <sup>th</sup>
<p style="text-align: center;"><b><u>Choose 1 Entrée</u></b> Big Daddy's Cheese or Pepperoni Pizza (42)</p> <p>5 WG Chicken Nuggets (20) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) &amp; Cheese stick (1)</p> <p style="text-align: center;"><b><u>Side Item</u></b> Tater Tots (19) Sweet Yellow Corn (15) Caesar Salad (5) Baby Carrots (5)</p>	<p style="text-align: center;"><b><u>Choose 1 Entrée</u></b> Bone-In Chicken (11) w/ WG Biscuit (27)</p> <p>Homemade Grilled Cheese (36)</p> <p>WG Uncrustable PBJ(32) w/ Cheez-Its(14) &amp; Cheese Stick(1)</p> <p style="text-align: center;"><b><u>Side Item</u></b> Mashed Potatoes (17) w/ or w/o gravy (4) Green Beans (4) Caesar Salad (5) Veggie Nibbles (5)</p>	<p>Early Release Day Box Lunch Options –</p> <p>- PB&amp;J Uncrustable, Cheese Stick &amp; Cheez-It Crackers</p> <p>- Soy Uncrustable, Cheese Stick &amp; Cheez-It Crackers</p> <p>– Deli Sandwich, Cheez-It Crackers</p> <p>All boxed lunches will include veggies, fruit, and milk selection</p>	<p style="text-align: center;"><b><u>Choose 1 Entrée</u></b> Breaded Chicken Parmesan w/ WG Roll (32)</p> <p>2 WG Max Cheese Sticks (32) w/ ¼ cup Marinara Dipping Sauce (3)</p> <p>Mini Chef w/ Ham (4) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) &amp; Cheese stick (1)</p> <p style="text-align: center;"><b><u>Side Item</u></b> Curly Fries (25) Glazed Carrots (15) Caesar Salad (5) Veggie Nibbles (5)</p> <p style="text-align: center;"><b><u>Dessert</u></b> Strawberry &amp; Lime Winter Frozen Treat (20)</p>	<p style="text-align: center;"><b><u>Choose 1 Entrée</u></b> Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27)</p> <p>WG Crunchy Fish Sticks (22) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) &amp; Cheese stick (1)</p> <p style="text-align: center;"><b><u>Side Item</u></b> Oven Baked Fries (14) Bush's Baked Beans (30) Garden Salad (2) Baby Carrots (5)</p>

January 29 <sup>th</sup>	January 30 <sup>th</sup>	January 31 <sup>st</sup>		
<p><b><u>Choose 1 Entrée</u></b>  Nardone's Cheese or Pepperoni Pizza  5 WG Chicken Nuggets (20) w/ WG Roll (32)  WG Uncrustable PBJ (32) w/ Cheez-Its (14) &amp; Cheese stick (1)</p> <p><b><u>Side Item</u></b>  Mashed Potatoes (17) w/ or w/o gravy (4)  Sweet Yellow Corn (15)  Caesar Salad (5)  Baby Carrots (5)</p>	<p><b><u>Choose 1 Entrée</u></b>  French Toast Sticks (37) w/ Sausage (2)  Crispy Chicken (15) Sandwich on WG Bun (27)  WG Uncrustable PBJ (35) w/ Cheez-Its (14) &amp; Cheese stick (2)</p> <p><b><u>Side Item</u></b>  Crispy Hashbrowns (31)  Garden Salad (2)  Veggie Nibbles (5)</p>	<p><b><u>Choose 1 Entrée</u></b>  Pepper Jack Enchiladas (18)  Corn Dog (30)  Mini Chef w/ Turkey (4) w/ WG Roll (32)  WG Uncrustable PBJ (32) w/ Cheez-Its (14) &amp; Cheese stick (1)</p> <p><b><u>Side Item</u></b>  Tater Tots (19)  Fresh Steamed Broccoli w/ Cheese Sauce (5)  Garden Salad (2)  Baby Carrots (5)</p>		